As the Jefferson Award recipient, Ballentine was sent to D.C. to represent Tallahassee at co-coordinating the TFN youth empowerment program, Award for Public Service at the Tallahassee Food Network (TFN) co-founder Nathan Ballentine was awarded the Jefferson. Improved weight management are all documented benefits of following the DASH Program. Better blood pressure control, better blood sugar control, a better blood lipid profile, and diseases are elevated. Successful WATE pilot-test outcomes resulted in the second grant to the Tallahassee Childhood Obesity Prevention Education Coalition (Tally COPE), a part of Bond Community Health Center received two Florida Blue Foundation mini-grants through interactive website that provides WATE materials (cooking demonstrations, recipes, etc.).

The CHSSK Initiative is a part of the Florida Blue Foundation’s food from each food group. Improved self-esteem, discipline, and knowledge of healthy Plate and the importance of eating healthy are incorporated into the lessons and children interactive nutrition classes as part of their Tae-Kwon Do instruction. Sulphur Springs for Kids community, parents and children had limited access to programs like Tae-Kwon Do due to "don't want to leave." Listen a bit closer and 13-year-old Jevon will also share, "This class

Martha de la Pena Rojas SunLife Grocery now displays fresh fruits and vegetables instead of beer, sodas and chips as the result of a Promising Glen Providence (center), Hebni Nutrition Consultants, explains to Susan Towler and Charlie Joseph that this section of Foundation Board and Staff visit Parramore Community Garden, one of the

Susan Towler, Charlie Joseph, Mark McGowan, Kerri Masley, Jason Altmire, and Cat DeCecco Consultations, a grantee that teaches families how to buy and prepare healthy foods. The invitations, shared an educational PowerPoint, presented a group music video following the summit, Jen Stallings, Regional Youth Development Director, shared her

Schools after-school programs, THE PLAYERS Center for Child Health at Wolfson Hospital, teaches students to become smarter consumers by revealing marketing techniques that promote overconsumption of unhealthy foods and drinks and encourage

Six hundred students from the Northeast Florida area are learning how to bite back whatever you like Initiative addressing the causes and prevention of childhood obesity. Gardening, whatever you like Whatever you like

A total of 300 students in after-school programs were educated on the market that contains a farmers market in the other city. Two cities worked together to change a bus route to provide access to the flea places to play and have access to health services and indoor play areas. Kids bite back kids bite back

Students to and from school daily. Teaching Safe Walking Driving is a part of the program. Volunteer leaders or

added new streetlights; and focused more attention from codes and law

lots of debris hauled away in one

families at nearly 200 child care centers and after school program providers that

Developed and implemented culturally appropriate nutrition education programs

Partners; and Tampa/Sulphur Springs - Tampa Metropolitan YMCA. The purpose of

As of December 2013, the leveraging the Foundation's dollars and the Foundation is now working with the health care providers and systems. While there is still one year to go before the Initiative ends, there are reported

interventions with at-risk communities and low-income children, 2) increased

Partners; and Tampa/Sulphur Springs - Tampa Metropolitan YMCA. The purpose of

The initiative, provides a

Email: …