

Sleep Study Authorization Program Update

Updates have been made to Sleep Management Solutions (SMS) fax and referral forms for providers requesting preservice authorization for sleep and titration studies. Florida Blue and Florida Blue HMO (Health Options, Inc.) continue the mandatory preservice review/prior authorization program for sleep and titration studies, in effect since May 1, 2015. The Sleep Study Authorization program applies to: NetworkBlue (BlueOptionsSM), Health Options, Inc. (BlueCare[®] HMO), BlueSelect and BlueChoice PPO.

Important Form Updates

The Sleep Management Solutions website and the fax and referral forms have been updated to include a specific section for required Place of Service (POS):

- 11 – Office
- 12 – Home
- 19 – Off Campus
- 22 – On Campus - Outpatient Hospital
- 49 – Independent Clinic

REMINDERS

- **Authorized POS MUST match claim POS to prevent claim denial**
- Providers seeking Sleep Study Authorization must follow all sleep study procedures (outlined in Appendix A) and submit required forms to Sleep Management Solutions for preservice review/prior authorization. If a preservice review/authorization is not submitted, the claim will be denied and the provider will not receive compensation from Florida Blue or Florida Blue HMO, nor from the member for sleep study services received. The authorization requirement is applicable to all Florida Blue and Florida Blue HMO (Health Options, Inc.) products in which contracted providers participate. This program does not apply to members who are covered through self-insured administrative services only (ASO) plans nor to any members of other Blue Plans who may access the above networks through BlueCard[®].
- **Authorized procedure must match the billed claim procedure to prevent claim denial**

How to Obtain Prior Authorization through Sleep Management Solutions

- Access the Sleep Management Solutions website at sleepsms.com.
- You may also access the Sleep Management Solutions website through a link on Availity^{®1} at availity.com; select Payer Resources > Florida Blue.
- **Use the updated form for prior authorization: [SMS Sleep Study Authorization Fax Form](#)**

Important:

- Providers must refer to the Prior Authorization Program section of the Florida Blue *Manual for Physicians and Providers* for a list of sleep study procedures that require prior authorization, effective May 1, 2015. You can access the provider manual at providermanual.bcbsfl.com on our home page at floridablue.com/authorization.
- *Appendix A* on the following page also provides a list procedures included in the program.

If you have any questions or require any additional information about this information, please call the Provider Contact Center at (800) 727-2227.

¹Availity, LLC is a multi-payer joint venture company. For information or to register, visit Availity's website at availity.com.
900-4135-0817

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Appendix A

Sleep Study Procedures (Procedure list is subject to change.)

REMINDER: Authorized procedure must match claim procedure to prevent claim denial

95782	Polysomnography; younger than 6 years, sleep staging with 4 or more additional parameters of sleep, attended by a technologist
95783	Polysomnography; younger than 6 years, sleep staging with 4 or more additional parameters of sleep, with initiation of continuous positive airway pressure therapy or bi-level ventilation, attended by a technologist
95800	Sleep study, unattended, simultaneous recording; heart rate, oxygen saturation, respiratory analysis (e.g., by airflow or peripheral arterial tone), and sleep time
95801	Sleep study, unattended, simultaneous recording; minimum of heart rate, oxygen saturation, and respiratory analysis (e.g., by airflow or peripheral arterial tone)
95805	Multiple sleep latency or maintenance of wakefulness testing, recording, analysis and interpretation of physiological measurements of sleep during multiple trials to assess sleepiness
95806	<u>Sleep study, simultaneous recording of ventilation, respiratory effort, ECG or heart rate, and oxygen saturation, unattended by a technologist</u>
95807	Sleep study, simultaneous recording of ventilation, respiratory effort, ECG or heart rate, and oxygen saturation, attended by a technologist
95808	Polysomnography; any age, sleep staging with 1 – 3 additional parameters of sleep, attended by a technologist
95810	Polysomnography; age 6 years or older, sleep staging with 4 or more additional parameters of sleep, attended by a technologist
95811	Polysomnography; age 6 or older, sleep staging with 4 or more additional parameters of sleep, with initiation of continuous positive airway pressure therapy or bi-level ventilation, attended by technologist
G0398	Home sleep study test (HST) with type II portable monitor, unattended; minimum of 7 channels: EEG, EOG, EMG, ECG/heart rate, airflow, respiratory effort and oxygen saturation
G0399	Home sleep test (HST) with type III portable monitor, unattended; minimum of 4 channels: 2 respiratory movement/airflow, 1 ECG/heart rate and 1 oxygen
G0400	Home sleep test (HST) with type IV portable monitor, unattended; minimum of 3 channels

Note: The list above is not all-inclusive. Please refer to the *Manual for Physicians and Providers* at floridablue.com for complete lists of applicable procedures.