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## **Online Behavioral Health Toolkit Now Available for Primary Care Providers**

As a primary care provider (PCP), you're likely already helping your patients improve their mental health. New Directions Behavioral Health (New Directions) now offers an online toolkit with materials to help you address behavioral health and substance use issues.

New Directions manages behavioral health services on behalf of Florida Blue. This free toolkit provides:

- Screening tools to help you determine patient treatment and referral needs. These can be printed and provided to your patients.
- Condition-specific topics, including suicidal thoughts, depression, anxiety, post-traumatic stress disorder, substance use and chronic pain.
- Consultation phone line for psychiatry (medication) consults (866-350-2280).
- Resources for patient referrals and augmented treatment options such as behavioral health case management services.

The purpose of the PCP Toolkit for behavioral health is to help you facilitate seamless coordination of care. Most mental health treatment is provided by primary care providers. Patients may tell their PCP their behavioral health and/or substance use concerns or they may manifest themselves in other ways, like physical symptoms.

Florida Blue hopes you will use the toolkit to help with your patient's behavioral health concerns. Visit [ndbh.com/pcp](http://ndbh.com/pcp) to access the toolkit.