

To find the category (Medicare Stars, Federal Employee Program®, etc.) this measure applies to, see our [chart of HEDIS® measures](#).

## Follow Up After Emergency Department Visit for Mental Illness (FUM)

Let's work together to improve health outcomes. The Healthcare Effectiveness Data and Information Set (HEDIS®) helps us measure many aspects of performance. This tip sheet details key points of the featured HEDIS measure.

### What is the measure?

This measure includes patients ages 6 years and older who had emergency department (ED) visits with a principal diagnosis of mental illness or intentional self-harm, and who had a follow-up visit for mental illness with primary care physician **OR** a mental health practitioner.

### How to Improve Your Quality Score

- Ensure that a patient with a principal diagnosis of a mental health disorder or with a principal diagnosis of intentional self-harm and any diagnosis of a mental health disorder has a follow-up visit with any practitioner, including visits on the date of the ED visit
- The measure looks at visits within 7 days and visits within 30 days after the ED visit, and includes visits on the date of the ED visits
- Educate inpatient and outpatient providers about the measure and the clinical practice guidelines

### Exclusions

- Exclude ED visits that result in an inpatient stay and ED visits followed by admission to an acute or non-acute inpatient care setting on the date of the ED visit or within the 30 days after the ED visit (31 total days), regardless of principal diagnosis for the admission.
- Members in hospice are excluded from the eligible population.

### Recommended Routine Treatment with a Mental Health Practitioner

- Intensive outpatient encounter or partial hospitalization program
- Telehealth visit (telehealth, teleconference, Teledoc®, etc.)
- Community visit
- Electroconvulsive therapy

Content reproduced with permission from HEDIS® 2020, Volume 2: Technical Specifications for Health Plans by the National Committee for Quality Assurance (NCQA). HEDIS measures and specifications are not clinical guidelines and do not establish a standard of medical care. NCQA makes no representations, warranties, or endorsement about the quality of any organization or physician that uses or reports performance measures and NCQA has no liability to anyone who relies on such measures or specifications. Limited proprietary coding sets are contained in the specifications for convenience, and users should obtain all necessary licenses from the owners of the code sets. NCQA disclaims all liability for use or accuracy of any coding contained in the specifications. To purchase copies of this publication, including the full measures and specifications, visit [ncqa.org/publications](http://ncqa.org/publications).