

To find the category (Medicare Stars, Federal Employee Program®, etc.) this measure applies to, see our [chart of HEDIS® measures](#).

## Follow Up After Hospitalization for Mental Illness (FUH)

Let's work together to improve health outcomes. The Healthcare Effectiveness Data and Information Set (HEDIS®) helps us measure many aspects of performance. This tip sheet details key points of the featured HEDIS measure.

### What is the measure?

The measure includes the percentage of discharges between January 1 and December 1 of the measurement year for patients age 6 and older who were hospitalized for treatment of selected mental illnesses or intentional self-harm diagnoses and had a follow-up visit with a **mental health practitioner**.

Two rates are reported:

1. The percentage of discharges with a follow-up visit within 30 days after discharge.
2. The percentage of discharges with follow-up visit within 7 days after discharge.

### How to Improve Your Quality Score:

- Ensure the patient has a plan for follow-up visit (i.e., intensive outpatient, partial hospitalization program, community mental health center, electroconvulsive therapy or a telehealth visit) with a mental health practitioner within 7 and 30 days after discharge.
- Do not include visits that occur on the same day of discharge. They **do not** meet the requirements for this measure.
- Schedule the patient for a follow-up appointment before discharge.
- Contact the patient before the visit and remind them of its importance.
- Educate inpatient and outpatient providers about clinical practice guidelines and the measure.
- Provide timely submission of claims and encounter data.

### Exclusions:

- Members in hospice

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