

To find the category (Medicare Stars, Federal Employee Program®, etc.) this measure applies to, see our [chart of HEDIS® measures](#).

Controlling High Blood Pressure (CBP)

We are committed to working with you to improve the quality of care and health outcomes for our members, your patients. The Healthcare Effectiveness Data and Information Set (HEDIS®) is one tool we use to measure many aspects of performance. This tip sheet details some of the key features of the HEDIS measure for controlling high blood pressure.

What is the measure?

The percentage of members age 18-85 with a diagnosis of hypertension and whose blood pressure was adequately controlled (<140/90) during the measurement year.

Representative Blood Pressure

Representative blood pressure (BP) is the most recent BP reading documented in the measurement year on or after the date of the second hypertension diagnosis and shows adequate control.

Adequate control is based on the following:

- A systolic BP reading of **less than** 140 mm Hg
- A diastolic BP reading of **less than** 90 mm Hg

Codes for Reporting Blood Pressure Readings

CPT Category II

| | |
|-----------|--|
| Systolic | 3074F – Most recent systolic BP less than 130 mm Hg 3075F – Most recent systolic BP 130-139 mm Hg 3077F – Most recent systolic BP greater than or equal to 140 mm Hg |
| Diastolic | 3078F - Most recent diastolic BP less than 80 mm Hg 3079F - Most recent diastolic BP 80-89 mm Hg 3080F - Most recent diastolic BP greater than or equal to 90 mm Hg |

Acceptable Settings for Blood Pressure Readings

- BP reading taken during an outpatient visit.
- BP reading taken from a remote monitoring device that is digitally stored and transmitted directly to the provider.

Note: Member-reported results from a remote monitoring device that **does not** transmit directly to provider are not acceptable.

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HEDIS Measure: Controlling High Blood Pressure (continued)

Unacceptable Setting for Blood Pressure Readings

- BP readings taken during an acute inpatient stay or emergency department visit.
- BP readings taken on the same day as a diagnostic test or procedure requiring a change in diet or in medication on or one day before test or procedure. This does not include fasting blood test.
- Member-reported or blood pressure taken by the member, including results from a remote monitoring device that **does not** transmit directly to provider.

Exclusions

- Members 66-80 years of age as of December 31 of the measurement year with frailty and advanced illness
- Members 81 years of age and older as of December 31 of the measurement year with frailty
- End-stage renal disease
- Dialysis
- Nephrectomy
- Kidney transplant
- Female members with a diagnosis of pregnancy during the measurement year.

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