When reminded of our yearly Well Woman checkup, we all have the same reaction: AGAIN? But there is so much more to your yearly exam. Your doctor looks for breast cancer and cervical cancer. They also look for sexually transmitted diseases and early thinning of bones that can cause broken hips and limbs. Your doctor may also talk to you about getting your flu shot. If you use tobacco they may offer to talk about ways to quit. Your yearly Well Woman checkup is also a perfect time to discuss any other medical concerns you have at the time.

Not long ago cervical cancer was the deadliest cancer for women. In the last 25 years the American Cancer Society states deaths due to cervical cancer have dropped by more than 50 percent—just by getting your pap smear!

Call today and schedule a Well Woman checkup with your primary care doctor or OB/GYN. Your copay is $0 for this yearly exam. And you pay nothing out of pocket for your screening tests when you visit a Preferred (in-network) doctor or provider.

Need help finding a doctor? Visit fepblue.org/provider. If you have any questions, please call Customer Service at 1-888-258-3432.

With Florida Blue’s help you can take charge of your health!

Sincerely,

Maria A. Flaquer, MD
Medical Director
Care Management/Florida Blue Federal Employee Program