

Benefits of Prescribing Maintenance Medications for 90 Days

Once you and your patient decide which medications are right to support your treatment plan, we encourage you to write a 90-day supply for maintenance medications like Lisinopril, Fluoxetine or Metformin.

According to the American Health & Drug Benefits Journal, there are many benefits to prescribing maintenance medications for 90 days, such as:

- Improved adherence
- Members can fill the prescriptions at retail or mail order pharmacies, although mail order pharmacies generally offer lower copays
- Less trips to the pharmacy for your patient
- Not as many calls from the pharmacy for refills

Helpful Reminders

- To request a 90-day supply for maintenance medications, fax a [Prescription Drug Fax Order Form](#) to (800) 332-9581.
- Pharmacy mail order services are provided by PrimeMail by Walgreens Mail Services owned by AllianceRx Walgreens Prime.
- Note: Specialty medications are not eligible for a 90-day supply, and cannot be filled by PrimeMail by Walgreens.

More Information

- You can find more information about dispensing trends and the benefits of prescribing maintenance medications for 90 days at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4106580/>
- For information about Florida Blue pharmacy programs and guidelines, visit our website at floridablue.com; select the Providers tab (top of the page), click on Tools & Resources, and then *Medical & Pharmacy Policies and Guidelines*.