Life Management Center of Northwest Florida

Life Management Center (LMC) of Northwest Florida provides comprehensive, integrated care that promotes the health and quality of life of its clients. Headquartered in Panama City with 10 service sites throughout Bay, Calhoun, Gulf, Holmes, Jackson and Washington counties, LMC’s multidisciplinary team of professionals offer mental, behavioral, family counseling and substance abuse services to over 11,000 low-income, uninsured and underinsured children and adults, annually.

Notable Achievements:

- LMC, and 17 of its programs, have been accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) since 1998. This accreditation is the highest level that can be awarded and includes a rigorous peer review and site visit.
- LMC collaborates with community entities to provide support services, including being the lead agency for the Bay and Gulf counties’ delivery of Healthy Families, Florida’s most important child abuse prevention initiative.
- 98 percent of families graduating from LMC’s Healthy Families child abuse prevention program have not reported further instances of abuse within two years of completion.
- LMC assisted with emergency services during the Gulf oil spill incident and provided counseling after the nationally publicized attack on the Bay County School Board in 2010 in which a gunman opened fire at a board meeting.
- LMC was selected by the National Institute of Mental Health to participate in a research study known as RAISE Early Treatment program, looking at the best ways to help people in early stages of schizophrenia. LMC is one of only two facilities in Florida participating, and one of 35 nationwide.

“LMC is a premier provider of community-based behavioral health care services in Northwest Florida. LMC has a dedicated and supportive board of directors and an executive director who is committed to maintaining quality services. The management team demonstrates teamwork, collaboration and good communication, creating a positive work environment that benefits the persons served. Administrative and professional staff members are a group of skilled, dedicated and caring individuals who are committed to the goals of the organization and service delivery.”

Commission on the Accreditation of Rehabilitation Facilities (CARF)

Services Provided:

- Individual, family and group counseling
- Inpatient psychiatric services and psychosocial rehabilitation
- Substance abuse counseling and prevention
- Child welfare services including adoption, foster parent support and supported visitation services
- Training to school counselors, health departments and law enforcement agencies on how best to serve/interact with individuals suffering from mental illness
- A licensed Residential Treatment Facility with 24-hour staff providing psychiatric rehabilitation and respite care

For more information about LMC, visit www.lifemanagementcenter.org or call (850) 522-4485.