

# myBlue Connected Care

Health care that fits your budget and your schedule 24/7



HMO

Your local Blue Cross Blue Shield

**myBlue Connected Care** is a health care plan that gives you complete care and connects you 24/7 to medical care for you and your family. This plan works with hundreds of doctors across the state and, if you choose a primary care doctor (PCP) at Sanitas Medical Center, you have lower out-of-pocket costs and a health care team that speaks your language and will treat you like family.<sup>1</sup> Your Sanitas care team is with you and will help you get the care you need. They'll take time to understand you and your needs and oversee all aspects of your care and treatment, including referrals to specialists. You can also receive care virtually through the mySanitas app, by email, or text right from your home, and avoid a trip to the doctor's office. If you choose a PCP other than Sanitas, they may not offer these features, so be sure to ask them. Some plans even include dental coverage!

## Key features of your plan

If you choose a myBlue Connected Care plan and a PCP from Sanitas,<sup>2</sup> you get:

- **Unlimited \$0 in-person visits with your doctor.** Your Sanitas doctor provides all your routine medical care and gives you as much quality time as you need. When you need care, always start with your Sanitas doctor or another doctor from the practice. Unless it's an emergency, you'll pay the full cost of your care if you don't start with your Sanitas doctor.
- **Unlimited \$0 virtual health visits 24/7.** With a Sanitas care team and behavioral health specialists, virtual visits work just like in-person visits. You can be diagnosed, treated, and prescribed medication. With 24/7 access, you can talk with a member of the care team anytime, anywhere.
- **\$0 urgent care visits at Sanitas Medical Centers.<sup>3</sup>** Your Sanitas care team will immediately get the details of your visit. And because they know your medical history, they can act quickly to provide any follow-up care.
- **Lower costs for specialist visits when referred by your Sanitas PCP.** When you need specialized care, your Sanitas PCP will work with you to refer you to an in-network specialist.

Remember, these features and costs are available with Sanitas. If you choose a PCP that's not with Sanitas, check with that doctor about what's available and the costs.

**When you need extra savings, Florida Blue is with you:**

- **\$500 or more in rewards** by completing healthy activities in our Better You Strides<sup>4</sup> rewards and wellness program. You can even get a ride to and from the doctor.<sup>5</sup> You can earn a \$50 reward just by scheduling your first virtual visit with your Sanitas PCP when you're sick or hurt. Rewards can be applied to your monthly premium. If your monthly premium is \$0, or already paid in full, rewards can be used to pay for some medical costs. Learn more at **FloridaBlue.com/Rewards**.
- **Special deals and discounts** on gym memberships, fitness gear, healthy eating options, and other products with our exclusive Blue 365<sup>®6</sup> savings program.
- **We have 30 Florida Blue Centers across the state** with teams who are ready to help you. Stop by in person, call, or schedule a virtual visit. Our team members speak your language and are ready to guide you through managing benefits, enrolling in member reward programs, health improvements, comparing costs, getting a health assessment, and more. Plus, you can enjoy free fitness classes and wellness programs on things like quitting smoking, losing weight, and managing stress.
- Because many people travel between Florida and Puerto Rico, we are with you and want to be sure you can get the care you need in either place. So, Florida Blue members who travel to Puerto Rico can see a provider at a Salus Clinic for a \$0 copay.<sup>3</sup> You'll need a referral from your regular PCP first.

*Besides Salus in Puerto Rico, there's no coverage outside of Florida, except for medical emergencies.*

## Get care 24/7 with the mySanitas app

When you choose a Sanitas doctor, you can stay connected to your care team 24/7 with the mySanitas app. Better connection means more convenience and better outcomes for you. Use the mySanitas app to:

- **Make appointments** with your Sanitas doctors.
- **Look up symptoms** and have follow-up discussions with the care team.
- **Get answers in real-time** from Sanitas care team members who speak your language. Sanitas staff speak English, Spanish, and in some locations, Creole.

## Get prescriptions at Walgreens and Amazon Home Delivery Pharmacy

Choose a Walgreens<sup>7</sup> pharmacy when you need to fill a prescription. You can either pick up your prescription or have Walgreens mail it to you. Other features of your pharmacy coverage include:

- More than 150 generic medications for less than \$5 to help manage ongoing health conditions
- \$0 prescribed generic contraceptives and preventive drugs
- Ways to save money and a monthly trip to the pharmacy. With Amazon Home Delivery Pharmacy,<sup>8</sup> your maintenance medications can be mailed right to your home. You may save even more with their MedsYourWay™ discount card pricing. To learn more, login at **FloridaBlue.com** and click **My Plan**, then **Pharmacy Resources**, then **Home Delivery Pharmacy Services**.

## Save by choosing generic drugs

If you choose a generic drug when one is available, you'll pay less than you would for the brand name drug.<sup>9</sup> Here's an example where the generic drug copay is \$10.

Brand drug cost	Generic drug cost
Brand drug copay.....\$40	Generic drugs have the same active ingredients as brand-name drugs, but they usually cost less.
+	
Difference in drug cost <sup>9</sup> ...\$70 (\$120 brand - \$50 generic)	
Total cost .....\$110	Total cost .....\$10

## A savings of \$100!

*With myBlue Connected Care, if you go to a different pharmacy, you'll have to pay the full cost of your medicine.*

## Manage your Florida Blue account on-the-go and on your schedule

Log in at **FloridaBlue.com** or through the Florida Blue mobile app 24/7. You can use the same username and password for both! Once logged in, you can:

- Explore your benefits and other member perks
- Earn rewards toward the cost of your monthly premium
- Get support for an ongoing health condition
- Choose how you want to receive communications about your plan
- Find tips and resources for wellness and mental well-being
- Ask the virtual assistant a question
- Check what you've paid toward your deductible
- Plus, sign up for automatic payments, view your ID card, and more

Florida Blue HMO is an Independent Licensee of the Blue Cross and Blue Shield Association and does not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation, or health status in the administration of the plan, including enrollment and benefit determinations.

Policies have limitations and exclusions. The premium and the amount of benefits provided depend on the plan selected.

<sup>1</sup> The myBlue Connected Care network is made up of independently contracted physicians, hospitals, and ancillary providers and is subject to change without notice. Value Choice Provider is a designation Florida Blue HMO gives to some in-network providers, including Sanitas. Sanitas is an independent medical center, service people insured by Florida Blue (or other Blue Cross and Blue Shield plans), original Medicare or self-paying for medical treatment.

<sup>2</sup> Some features are provided by Sanitas. If you choose a primary care doctor (PCP) other than Sanitas, check with your PCP about features that are available.

<sup>3</sup> Urgent care visits at \$0 do not apply to Health Savings Account (HSA) plans; the deductible will still apply. A total of two (2) urgent care visits are \$0 for non-HSA plans regardless of which Value Choice Provider rendered services. After that, the urgent care cost share applies.

<sup>4</sup> Rewards available for individual ACA members 18 years or older. Reward amounts will apply to premiums and excess amounts may be redeemed subject to the reward program's terms and conditions.

<sup>5</sup> One (1) Lyft ride available to members 18 years or older up to \$50 roundtrip, subject to terms and conditions. Lyft is an independent third party that provides transportation services.

<sup>6</sup> Blue365® offers access to savings on items that members may purchase directly from independent vendors. Blue365 does not include items covered under your policies with Florida Blue HMO or any applicable federal health care program. Blue Cross and Blue Shield Association (BCBSA) and Florida Blue HMO may receive payments from Blue365 vendors. Neither BCBSA nor Florida Blue HMO recommends, endorses, warrants, or guarantees any specific Blue365 vendor or item. For more information about Blue365, go to [FloridaBlue.com/blue-365-disclaimer](https://FloridaBlue.com/blue-365-disclaimer).

<sup>7</sup> In counties where there isn't a Walgreens, check the online provider directory for other pharmacies that may be available.

<sup>8</sup> Amazon Pharmacy is an independent company contracted to provide Pharmacy Home Delivery services for both Florida Blue and Florida Blue HMO. MedsYourWay prescription drug discount card, administered by Inside Rx LLC, is not insurance. You are responsible for the cost of prescription(s) when using the card. Limitations apply. The discount pricing card is automatically available to all members with no additional sign up needed. The card is electronic only, a physical card will not be mailed.

<sup>9</sup> The difference in the drug cost does not apply to your deductible and out-of-pocket maximum.

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