# BlueCare (HMO)

### Health Plan Overview

#### BlueCare Plans at a Glance

- A large network of doctors, hospitals, and pharmacies
- You'll choose a dedicated primary care doctor and a specialist when you need one, no referral required
- \$0 wellness checkups and generic preventive and home delivery maintenance medications<sup>2</sup>
- \$0 virtual visits with primary care doctors and behavioral health specialists<sup>3</sup>
- Unlimited support from our care consultants

- Prescription coverage at most major pharmacies, plus home delivery
- No coverage outside the network, except for emergency care
- Discounts up to 50% on gym memberships, nutrition programs, and more<sup>4</sup>
- Your plan details online or with the mobile app 24/7
- Earn up to \$500 or more toward your premium while you learn how to live a healthier lifestyle!<sup>5</sup>



It's fast and simple to find a doctor or facility in the BlueCare network.

#### Florida Blue members:

Log in to your account at <u>floridablue.com</u>, or the mobile app. You can search by location, type of doctor, or even the language they speak.

#### Not a member yet? No problem!

■ Go to <u>floridablue.com</u>, and enter BlueCare in your search.



#### The More You Know

To get the most value from your plan, it's important to understand how your BlueCare plan works and where to go for care.

#### **Count on Your Primary Care Doctor**

BlueCare plans require that you have a primary care doctor to get your care started. You select your doctor at enrollment or one is automatically selected for you. This doctor's name is shown in your member account, and you can change it at any time. While you'll have the flexibility to see doctors in your BlueCare network, 6 it's important to have a regular doctor that knows your health care needs best.

#### When You Need to See a Specialist

Start with your primary care doctor to understand what type of specialist you may need to see. You won't need a referral, but talking with your doctor can save you time and may help you get an appointment faster.

Plus, when medical services and prescription drugs require an approval before they're covered, your doctor will take care of this step for you!

#### **Choose Only BlueCare Providers**

Unless it's an emergency, this plan does not cover medical services or supplies that you get outside of the BlueCare network. When you use your health coverage, it's always good to ask providers, "Are you in the BlueCare network?"

If you move, be sure to let us know. We'll need to update your account and help you find a new primary care doctor, if needed.

#### **Know Your Options for Urgent Care**

If you need care right away and your regular doctor is not available, consider using an urgent care center instead of the emergency room. These centers can usually save time and money on care for minor illnesses and injuries. In a real emergency, always go the nearest emergency room and you're covered.

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# **Prescription Drug Benefits**

All BlueCare plans include prescription drug coverage at most major pharmacies. You'll get the most for your money by choosing generic drugs and home delivery for 90-day supplies. Generic drugs have the same active ingredients as brand name drugs, but generally cost less.

#### With Florida Blue, you get:

- \$0 prescribed generic contraceptives and preventive medications
- More than 150 generic medications available for less than \$5 to help manage ongoing health conditions
- Convenient home delivery to save monthly trips to the pharmacy! Have your maintenance medications mailed to your home with Amazon Home Delivery Pharmacy. You could save even more with Amazon's MedsYourWay<sup>™</sup> discount card pricing

#### Before you get a prescription filled:

- Find an in-network pharmacy<sup>7</sup>
- Compare drug costs
- Check the Medication Guide to find out if a drug is covered or needs approval first

# Choose generic medications over brand to save \$\$.

Brand name medications are much more expensive than generic. This example shows how much you can save by choosing generic on just one prescription.



Brand Drug Copay Difference in Drug Cost<sup>8</sup>

Brand Cost

\$40

+

**\$70** 

\$110

Generic drug copay-\$10

**= \$100 savings** 



## Help When You Need It

You'll get one-on-one support from our care consultants for help with:

- Finding the lowest cost for your prescriptions
- Learning about your treatment options
- Deciding where to go for the care you need



# Your Plan at Your Fingertips

You can see your plan information 24/7 in your online member account or with the Florida Blue mobile app. It's never been so easy to stay connected.

HMO coverage is offered by Health Options, Inc., DBA Florida Blue HMO, an affiliate of Blue Cross and Blue Shield of Florida, Inc., DBA Florida Blue. Florida Blue HMO does not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation, or health status in the administration of the plan, including enrollment and benefit determinations.

- <sup>1</sup> Policies have limitations and exclusions. The amount of benefits provided depends upon the plan selected and the premium may vary with the amount of benefits selected.
- <sup>2</sup> Prescription drugs may be subject to a cost-share on HSA and Simple Choice plans. Refer to benefit materials for plan details.
- <sup>3</sup> Virtual health benefits are covered at a cost-share on HSA and Simple Choice plans. Please refer to your health policy for specific benefits for virtual visits. Teladoc is an independent company contracted by Florida Blue to provide physician visits via phone or online video to members with non-emergent medical issues. Teladoc is only available in the U.S. Teladoc<sup>®</sup> is a trademark of Teladoc, Inc.
- <sup>4</sup> Blue365® offers access to savings on items that members may purchase directly from independent vendors.
- <sup>5</sup>Rewards will apply to your premiums. Any amounts earned in excess of your premium can be redeemed subject to the reward program's terms and conditions.
- <sup>6</sup> Provider networks are made up of independent contracted hospitals, physicians and ancillary providers. The Contracting Provider is responsible for obtaining authorizations.
- <sup>7</sup> CVS-owned pharmacies are excluded from the pharmacy network, including: Target Pharmacy, Bear Creek Pharmacy, Care Pharmacy, CarePlus CVS/Pharmacy, CarePlus, Longs Drug Store, Longs Pharmacy, Navarro Discount Pharmacy, Navarro Health Services, RxAmerica and Wellness Works Pharmacy.
- $^8$ The difference in the drug cost does not apply to your deductible and out-of-pocket maximum. 82077 0922R