

Diabetes Awareness Social Media Posts


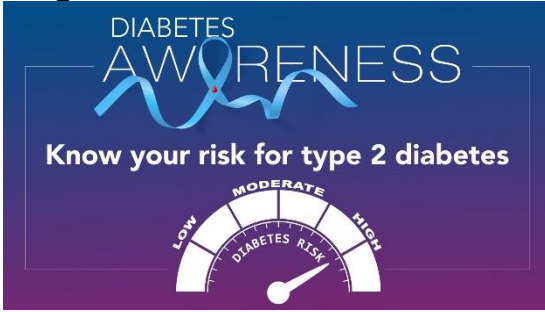


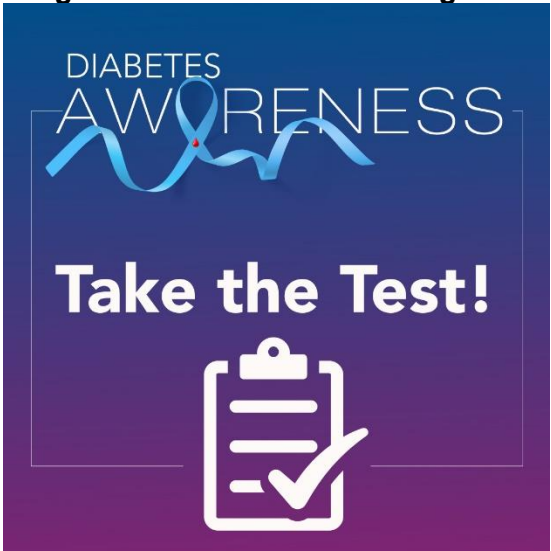
Suggested Post Content 1	Suggested Image
<p>Facebook/Instagram</p> <p>Did you know there are several risk factors related to type 2 diabetes and prediabetes like:</p> <ul style="list-style-type: none"> • High blood pressure • High cholesterol • Smoking • Body mass index (BMI) of 25 or more (Calculate your BMI here.) <p>Talk to your doctor about steps you can take to reduce your risk. You can also talk to a Florida Blue Center nurse or community specialist. You don't have to be a Florida Blue member. Find your neighborhood Florida Blue Center at floridablue.com or call 1-877-352-5830 (TTY 1-800-955-8771).</p>	<p>Image sized for Facebook/Instagram</p> 
<p>Twitter</p> <ul style="list-style-type: none"> • High blood pressure • High cholesterol • Smoking • Body mass index (BMI) of 25 or more <p>These are all risk factors for diabetes and prediabetes. Talk to your doctor about steps you can take to reduce your risk.</p>	<p>Image sized for Twitter</p> 
<p>Suggested Post Content 2</p>	<p>Suggested Image</p>
<p>Facebook/Instagram</p> <p>November is Diabetes Awareness Month. If you have prediabetes or are at risk for type 2 diabetes, talk to your doctor about small steps you can take to prevent both. You can also call your neighborhood Florida Blue Center for support. You don't have to be a Florida Blue member to talk to a nurse or community specialist. Call 1-877-352-5830 (TTY 1-800-955-8771) to get started.</p>	<p>Image sized for Facebook/Instagram</p> 

	Image sized for Twitter
<p>Twitter</p> <p>If you have prediabetes or are at risk for type 2 diabetes, talk to your doctor about small steps you can take to prevent both. You can also call your neighborhood Florida Blue Center for support. You don't have to be a Florida Blue member to talk to a nurse or community specialist. Call 1-877-352-5830 (TTY 1-800-955-8771) to get started.</p>	
Suggested Post Content 3	Suggested Image
<p>Facebook/Instagram</p> <p>1 in 3 adults in America have prediabetes, putting them at risk for type 2 diabetes. Are you one of them? Take this 60-second quiz and find out. If you are at risk for prediabetes, talk to your doctor about next steps to take. You can also call your neighborhood Florida Blue Center for support. You don't have to be a Florida Blue member to talk to a nurse or community specialist. Call 1-877-352-5830 (TTY 1-800-955-8771) to get started.</p>	<p>Image sized for Facebook/Instagram</p> 
<p>Twitter</p> <p>November is Diabetes Awareness Month. Take this 60-second quiz to find out your risk. If you are at risk, talk to your doctor about next steps to take.</p>	<p>Image sized for Twitter</p> 